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Review Article

The Failing Myocardium: Correlating Acute Coronary Syndrome with Philosophy of Organon and Scope of Homoeopathy

Gayatri Sharma[1], Manasvi Valiya[2], Asha Trivedi[3]

[1,2]4th year BHMS, [3]Professor, Department of Organon of Medicine, Shree Mahalaxmiji Mahila Homoeopathic Medical College and Hospital, Vadodara, Gujarat, India
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I N F O

Corresponding Author:
Gayatri Sharma, Department of Organon of Medicine, Shree Mahalaxmiji Mahila Homoeopathic Medical College and Hospital, Vadodara, Gujarat, India
E-mail Id:
drsharma1712@gmail.com
Orcid Id:
https://orcid.org/0009-0006-7768-0050
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A B S T R A C T

Recent clinical trends demonstrate an alarming rise in myocardial infarction (MI) and acute coronary syndrome among young demographics.[10,11] Characterized by acute myocyte necrosis resulting from oxygen supply-demand mismatch and vascular occlusion.[6-8] MI represents both a structural and dynamic pathophysiological emergency. This review aims to establish a precise conceptual bridge between ischemic tissue damage and Hahnemannian principles, specifically mapping stages of pathogenesis to miasmatic dynamics.[1-3,9] By synthesizing contemporary cardiology literature.[6-8,10,11] with foundational texts—namely Hahnemann's Organon of Medicine.[1] and Theory Of Chronic Disease.[2]—the rapid progression from transient hypoxia to irreversible necrosis is correlated with the destructive expression of the Syphilitic miasm superimposed upon a Psoric or Sycotic background.[2,3,9] Ultimately, integrating modern diagnostic cardiology.[6,7,10,11] with homeopathic miasmatic analysis.[1-3,9] clarifies the complementary role of homoeopathy in primary risk prevention, post-infarct rehabilitation, and long-term recovery without replacing emergency critical care.

Keywords: Myocardial infarction, Ischemia, Organon of Medicine, Homoeopathy, Miasm, Materia Medica, Tissue Necrosis

Introduction

(MI) myocardial Infarction is a major manifestation of acute coronary syndrome (ACS) resulting from an abrupt imbalance between myocardial oxygen supply and demand leading to ischemic necrosis of the cardiac muscles.[10,11]

MI denotes acute ischemic necrosis of the cardiac muscle due to complete occlusion of the main coronary artery or its branch.[6-8]

In contemporary medical science, the rapid escalation of cardiovascular diseases among younger demographics has emerged as a crucial clinical concern. Sudden cardiac arrest and acute ischemic injury, once considered conditions predominantly affecting the elderly, now present with increasing frequency in young adults due to accelerating environmental stress, metabolic dysregulation, and lifestyle vulnerabilities.[10,11]

Clinical Observation

Young acute myocardial infarction presents unique pathophysiological challenges characterized by high thrombotic reactivity, emotional triggers, and severe autonomic shock responses.[6,10,11]

The transition from a healthy, compliant coronary vascular tree to catastrophic occlusion and tissue infarction involves

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a multi-factorial sequence.[6-8] Conventional cardiology meticulously charts the physical and chemical markers of this degradation, yet individual susceptibility remains a profound clinical variable.[1-2]

Understanding myocardial infarction requires analyzing both the gross cellular events and the underlying systemic dynamic disturbances that precede structural breakdown.[1,2,6-8] While conventional cardiology accurately traces the biochemical cascade from coronary atheromatous plaque formation to platelet aggregation, acute thrombosis, cellular hypoxia, and transmural coagulation necrosis.[6-8,10] classical homeopathy offers a profound complementary paradigm.[1,2,4]

By mapping these pathological sequences through the lens of Samuel Hahnemann's Organon of Medicine and the theory of chronic disease, the physician gains a deeper holistic perspective on disease susceptibility, progression, and individualization.[1,2,4]

Knowledge of Materia Medica enriches the therapeutic scope of Homoeopathy in ACS.[5]

This monograph (figure 1) explores this correlation systematically, establishing a robust framework for HOMOEOPATHS.

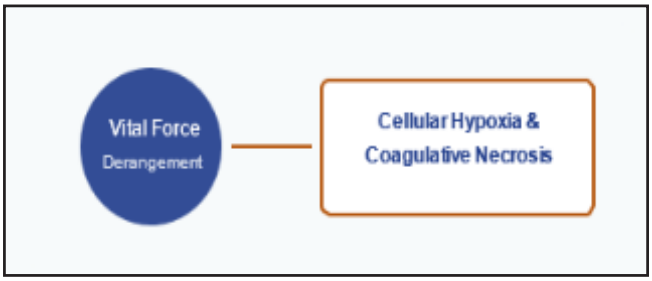


Figure 1.Progression from Dynamic Vital Force Derangement to Structural Tissue Necrosis

Objectives

To map cellular hypoxia, ischemia and cellular necrosis to dynamic vital force derangements

Translating sub-cellular ATP depletion, membrane failure, and enzyme leakage into expressions of internal dynamic disharmony governed by Hahnemannian principles.[1,6,7]

To categorise the sequential pathogenesis of acute coronary syndromes under the spectrum of Hahnemannian miasms (Psora, Sycosis, Syphilis)

Correlating functional vasospasm (Psora), proliferative atherogenesis (Sycosis), and destructive necrosis/ thrombosis (Syphilis) with clinical stages of cardiovascular pathology.[2,3,6,7,9]

To analyse key Homoeopathic Remedies targeting acute cardiac pain, coronary vasospasm, and tissue ischemia

Examining remedies like Aconitum, Cactus grandiflorus, Latrodectus, Crataegus, and Lachesis in their exact pathological and clinical indications.[5]

By fulfilling these objectives, we provide a coherent bridge between classical homeopathic doctrine and modern cardiology.

Discussion

Homoeopathy plays important role at multiple levels in different stages of ACS spectrum.[1,2,5]

Anatomical and Physiological Correlation with Homoeopathy

Gross Anatomy and Pathological Alteration

Acute Atherothrombotic occlusion of major epicardial coronary vessels (e.g. Left Anterior Descending, Right Coronary Artery) causing transmural or sub endocardial infarction, localised pallor, inflammatory cell infiltration and eventual dense collagenous scar formation.[6-8]

These structural disruptions in figure 2 are the endpoint of long-standing dynamic imbalance operating within the organism.



Figure 2.Cross-Sectional View of Epicardial Coronary Artery Occlusion

Physiological Dysregulation

Severe hypoxia forces myocytes into anaerobic glycolysis, causing ATP depletion, cellular sodium / calcium accumulation, loss of cell membrane integrity, leakage of cardiac biomarkers (Troponin I / T, CK-MB) and irreversible coagulative necrosis.[6-8]

Homoeopathic Correlation

Acute coronary occlusion and subsequent necrotic changes represent the physical end result of a sudden violent

breakdown in the dynamic governance of the vital force under acute physical or emotional stress.[1,2,4]

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Dynamic Perspective

The biochemical cascade (ATP loss, ion influx, enzyme leakage) is governed by the underlying vital principle. When vital energy fails to sustain autonomic and vasomotor equilibrium, cellular hypoxia rapidly tips into irreversible destruction. In accordance with Organon Aphorisms.[9-11] health is maintained by harmonious, untrammeled operation of the dynamic Vital Force. Physical structural lesions, such as arterial thrombosis and myocardial tissue necrosis, do not constitute the disease itself; rather, they are the ultimate physical end-products stemming from a long-standing or acutely violent derangement of vital governance.[1,2,6,7]

Homeopathic therapeutics do not attempt to replace biochemical pathways but rather restore the dynamic balance.

Miasmatic Correlation with Pathogenesis

Hahnemann's theory of chronic diseases categorizes fundamental human dyscrasias into Psora, Sycosis, and Syphilis. In cardiovascular pathology, these three miasms manifest sequentially as functional instability, structural proliferation, and tissue destruction.[2,3,9]

Each miasm(figure 3) exhibits distinct pathophysiological mapping and clinical features across the spectrum of coronary artery disease.



Figure 3.Tri-Miasmatic Progression in Acute Coronary Syndrome (Evolution from functional irritability to plaque narrowing and necrotic infarction)

Psora - Functional state and vascular dynamics

Pathophysiological Mapping

Corresponds to functional dysregulation, neuro-vegetative instability, endothelial dysfunction, transient coronary vasospasm, arterial irritability and early hypertension.[2,3,6,9]

Clinical Features

Anginal pain triggered by mental stress, grief or exertion without permanent luminal narrowing, subjective anxiety, palpitations and functional oppression without permanent structural tissue alteration.[2,3,5,9]

Psoric Core

At this early stage, the lesion is entirely reversible. Functional nervous irritability dominates over structural damage, representing the foundational level of chronic disease as described by Hahnemann. Homoeopathic intervention during the psoric phase prevents progression into structural plaque accumulation.[1,2]

Sycosis - Proliferative and Accumulative Phase

Pathophysiological Mapping

Represents chronic disposition, tissue hypertrophy and structural narrowing.

It maps to progressive atherogenesis – lipid disposition, smooth muscle cell proliferation, subendothelial foam cell formation, fibrous cap formation, luminal stenosis and arterial wall hypertrophy.[3,6,7,9]

Clinical Features

Chronic stable angina, sluggish systemic circulation, fluid retention, dyspnoea on mild exertion and gradual thickening of coronary arterial vasculature.[3,5,6,9]

Sycotic Core

The hallmark of Sycosis is excess—hyperplasia, hypertrophy, and accumulation. In the coronary bed, this manifests as atheromatous plaque build-up and arterial thickening.

Syphilis (Destructive & Necrotic Phase)

Pathophysiological Mapping

Represent structural degeneration, ulceration and tissue destruction. It maps to vulnerable atheromatous plaque rupture, acute intra-luminal thrombosis, vascular wall degeneration, transmural myocardial tissue necrosis, and scarring / aneurysm formation.[3,6,7,9]

Clinical features

Sudden unyielding substernal chest pain radiating down the left arm, collapse, cold cyanotic skin, arrhythmia, myocardial rupture, & irreversible cell death.[3,5,7-9]

Syphilitic Core

Destruction, ulceration, and gangrene. In myocardial infarction, this is represented by acute myocyte necrosis and scar formation.[3,6,7,9]

Emergency allopathic care is mandatory during this acute destructive phase, followed by homeopathic rehabilitation.[1,6,10,11]

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Scope of Homoeopathy

Primary Prophylaxis and Risk-Factor Modification

Pre-adaptive Metabolic Regulation

Helps to modulate underlying metabolic dysfunction (e.g. Hyperlipidemia, HTN, dysglycemia) before irreversible artheromatous structural damage occurs (§ 5).[1,6,7]

In § 5 of the Organon of Medicine, Dr. Samuel Hahnemann highlights the paramount importance of investigating the fundamental cause of chronic disease, alongside the exciting or maintaining causes. Metabolic syndromes, dyslipidemia, essential hypertension, and impaired glucose tolerance represent early systemic expressions of deranged vital governance. Constitutional homoeopathic prescribing acts at the dynamic level to re-establish physiological equilibrium, halting the sub-clinical metabolic cascade before endothelial injury and structural atheroma formation become permanent.[1,2,4]

Stress and Personality Attenuation

It addresses type-A behavioral traits (e.g., suppressed anger, chronic anxiety, grief-induced sympathetic overactivity) that trigger neuro-hormonal cascades leading to coronary vasospasm.

In § 210-230 of the Organon of Medicine,

- § 210 (Mental State in All Diseases)
- § 211 (Disposition as Chief Symptom)
- § 213 (Matching Remedy to Mental State)
- § 224 (Stress & Emotional Causes)
- § 225 (Psychosomatic Interconnection)

§ 210–213: State that every disease alters the patient's mental disposition, making emotional symptoms the most decisive factor in choosing a remedy.

§ 224–225: Explain how emotional stress (grief, anger, suppressed anxiety) leads directly to physical disease.

Modern psychoneuroimmunology confirms that chronic emotional distress characterized by suppressed hostility, excessive ambition, and persistent anxiety-sustains a state of sympathetic hyper-tonicity.[6,10] This elevates circulating catecholamines, increases vascular resistance, induces endothelial shear stress, and predisposes epicardial arteries to acute vasospasm. Homeopathic remedies chosen for specific psycho-emotional totalities modify these deeply ingrained behavioural patterns, effectively dampening neuro-hormonal overactivity and preserving vascular tone.[1,4,5]

Supportive Management in Sub-Acute & Ischemia States

Vasospasm and Ischemic Control

Used of organ-specific remedy (for ex :- Cactus G., Latrodectus) helps relieve functional coronary artery constriction and improve collateral tissue perfusion alongside emergency care.[5,6]

During sub-acute anginal paroxysms or early ischemic threat, functional arterial constriction severely restricts regional myocardial blood supply.[6,7] Organ-specific remedies possessing selective affinity for the cardiac vascular bed and intrinsic autonomic nerve plexuses work synergistically with standard supportive care. By relieving localized vascular spasm, these remedies aid in maintaining microvascular perfusion, mitigating ischemic pain, and encouraging the recruitment of collateral capillary beds in compromised ischemic zones.[5,6]

Mitigating Cardiac Anxiety and Pain

Reduce intense autonomic fear of death, restlessness, & post-event psychological trauma. Remedies like (Aconite, Ars. Alb). Acute myocardial ischemia triggers profound psychological distress, characterized by an overwhelming sensation of impending doom, severe motor restlessness, and sympathetic storming. Remedies such as Aconitum Napellus and Arsenicum Album rapidly calm central autonomic hyperactivity, relieving intense death-anxiety and lowering heart rate.[5,6,10]

Post-MI Rehabilitation and Secondary Prevention

Preventing Stent Restenosis and Reinfarction

Deep acting anti miasmatic prescribing clears inherited/ acquired dyscrasia to stabilise endothelial lining, reduce hypercoagubility and prevent recurrent artherothrombotic events.[1-3,6]

Following percutaneous coronary intervention (PCI) or acute medical stabilization, the patient remains vulnerable to stent restenosis, neo-atherosclerosis, and secondary thrombotic events.[6,10,11] Deep-acting anti-miasmatic homeopathic remedies address the underlying dyscrasia, reducing systemic endothelial inflammation, stabilizing smooth muscle cell dynamics, and decreasing hypercoagulable tendencies to protect against recurrent atherothrombosis.[2,3,6,9]

Myocardial Recovery and Compensation

Organ remedies like Crataegus Oxycantha act as myocardial tonics to strengthen cardiac contractility, support ejection fraction, and reduce the risk of post-infarct congestive heart failure. Post-infarction tissue remodeling often leads to left ventricular dilation, impaired contractile reserve, and eventual congestive heart failure. Organ remedies like Cactus Grandiflorus, Digitalis Purpurea, Strophanthus Hispidus, Terminalia Arjuna, Iberis Amara which improve coronary flow, enhance myocardial metabolic efficiency, promote physiological hypertrophy over pathological dilation, and sustain cardiac output during convalescence.[5,6,8]

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Miasmatic Neutralisation and Intercurrent Support

Clearing Miasmatic Blocks

High-potency anti-miasmatic nosodes (Psorinum, Thuja, Syphilinum) unblock dormant vital reactions when recovery stalls during post-MI convalescence. (Organon § 204 – § 206).[1-3]

As outlined in Organon of Medicine § 204-206, chronic diseases are frequently maintained by deep-seated miasmatic dyscrasias.[1,2] During post-MI recovery, patients may experience a plateau or stagnation where well-indicated constitutional remedies fail to produce expected improvement.[1,4]

In such instances, the judicious administration of high-potency anti-miasmatic nosodes (such as Psorinum for deficient vital reaction, *Thuja* for sycotic proliferative tendencies, or Syphilinum for persistent tissue degeneration) clears latent miasmatic barriers, restoring vital responsiveness and enabling continued recovery.[1-3,9]

Palliative quality of Life Improvement

Provides non-toxic, complementary symptom control for residual angina, chest heaviness, dyspnea, and weakness without adverse drug interactions alongside standard antiplatelets or beta-blockers.[5,10]

Many post-MI patients continue to experience debilitating residual symptoms, including effort dyspnea, precordial oppression, fatigue, and muscular weakness despite optimal conventional polypharmacy.[6,10,11] Homeopathic remedies offer targeted palliative relief without introducing toxic side effects or hazardous pharmacological interactions with standard antiplatelet, anticoagulant, or beta-blocker therapies.[1,5]

Table 1.Materia-Medica Approach & Therapeutic Correlation

Remedy	Pathological Indication	Clinical Correlation
(1) Aconitum Napellus	Acute, sudden vascular congestion, severe anginal attacks triggered by shock or cold exposure.[5]	Violent cardiac pain with intense anxiety, restlessness, cold sweat, fear of immediate death & marked tachycardia.[5]
(2) Cactus grandiflorus	Coronary vasospasm, constriction of cardiac blood vessels & functional or organic cardiac hypertrophy.[5,6]	Pathognomic sensation of an "iron band" compressing the heart, dyspnea, cold sweat and shooting pain down the left arm.[5]
(3) Latrodectus Mactans	Severe precordial pain simulating acute coronary thrombosis and systemic peripheral vasoconstriction.[5,6,8]	Violent, suffocative chest pain radiating to the axilla and down the left arm to the fingertips, accompanied by extreme numbness and coldness.[5,6]
(4) Crataegus Oxyacantha	Chronic myocardial weakness, early heart failure, post-infarct, & degeneration of the cardiac muscle.[5,6,8]	"Heart tonic" action relieves post-MI cardiac dyspnea, feeble irregular pulse, precordial tenderness & secondary hypertension.[5]
(5) Lachesis Mutus	Venous stasis, dark blood decomposition, septic cardiac states and vascular occlusion.[3,5,6]	Intolerance to tight clothing around the neck/chest, waking from sleep suffocating, blueness / cyanosis of face and pain radiating left to right.[5]
(6) Strophanthus Hispidus	Myocardial Insufficiency & Dilatation, Fatty Degeneration of Heart, Cardiac Dropsy (Edema).[5,6,8]	Ischemic muscular fatigue & venous engorgement, inefficient ventricular contraction, pulmonary congestion, decreased glomerular filtration.[5,6]

Therapeutic Roles in Myocardial Infarction

Role of Constitutional Medicine in Prevention

- **Pre-adaptive Risk Reduction:** Selected based on the complete mental, physical, general and miasmatic totality of the patient (Organon § 5 & § 217). It targets the underlying metabolic, neuroendocrine, vascular susceptibility before irreversible structural changes occur as shown in Table 1.[1,2,6]
- **Modulating Endothelial and Stress Response:** Modifies type-A behavioral traits (e.g. chronic anger in Nux Vomica, silent grief in Ignatia, & excessive anxiety in Arsenicum Album). Thereby reducing chronic sympathetic overactivity, hypertension and hyperlipidemia.[5,6,10]

Role of Preventive Remedies (Prophylaxis)

- **Primary & Secondary Prophylaxis:** Aims to check atherogenesis and coronary vascular narrowing in high-risk individuals.[1,3,6]
- **Plaque Stabilisation:** Anti-miasmatic constitutional remedies clear inherited dyscrasias, retard atheroma deposition and maintain vascular elasticity.[2,3,6,9]

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Role of Curative Remedies (Acute and Sub-acute Management)

- **Palliative and Supportive Ischemic Control:** Applied during acute anginal episodes based on immediate symptom totality (§ 6, § 72).[1,5]
- **Tissue Recovery and Symptom Relief:** Remedies like Cactus, Latrodectus, Aconite act directly on coronary nerve plexuses & cardiac musculature.[5]

Role of Intercurrent Remedies

- **Clearing Miasmatic Blocks:** Administered when progress stalls due to a deeply entrenched miasmatic obstacle (§ 204 - § 206).[1,2]
- **Nosode Prescribing:** High-potency anti-miasmatic nosodes clear latent miasmatic barriers.[1,2,3,9]

Role of Remedies for Recurrent / Anti-Relapse Management

- **Preventing Re-infarction:** Administered post-recovery to prevent recurrent ischemic events or progressive cardiac remodeling.[1,3,6]
- **Deep Anti-miasmatics:** Lachesis, Aurum metallicum, Baryta carbonica address chronic vascular degeneration.[3,5,9]

Conclusion

Homoeopathy Plays essential supportive role in prevention, post-MI rehabilitation, mitigating post-infarct cardiac anxiety, reducing angina recurrence & prevent secondary vascular events via constitutional correction.[1,2,5,6]

The application of homeopathic principles in cardiovascular medicine does not replace emergency resuscitation or critical surgical intervention during hyper-acute coronary occlusion; rather, it provides an invaluable integrative framework for multi-tiered patient management.[1,2,5]

Through systematic constitutional analysis, miasmatic neutralisation, and targeted organ-remedy support, homoeopathy addresses both the underlying predisposing dynamic dyscrasia and the chronic post-ischemic sequelae.[1-3,5] This double action ensures that the patient receives holistic care that spans from primary risk factor mitigation to long-term cardiac recovery.[1,2,6]

Integrative Understanding

The progression from functional arterial spasm (Psora) to chronic atheromatous plaque buildup (Sycosis) and final coronary thrombosis with myocyte death (Syphilis) reflects the complete miasmatic evolution in cardiology.[2,3,6,7,9]

Practical Utility

Provides a solid theoretical framework for BHMS students to bridge gross pathological necrosis with Hahnemannian dynamic philosophy, facilitating structured constitutional management and post-MI rehabilitation.[1,2,4,6]

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Department of Organon of Medicine, Shree Mahalaxmiji Mahila Homoeopathic Medical College and Hospital, Vadodara, Gujarat, India



Gayatri Sharma
(Student of BHMS) (4th Year)



Dr. Asha Trivedi
(Professor, Department of Organon of Medicine)



Manasvi Valiya
(Student of BHMS) (4th Year)

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